

# Real world data on the 1-year treatment of psoriasis with the use of certolizumab pegol in women of child-bearing potential

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## Objective

This analysis aims to present the effectiveness of certolizumab pegol (CZP) in patients with moderate to severe plaque psoriasis in clinical practice, including women of child-bearing potential (WoCBP).

## Introduction

- CZP is an anti-tumour necrosis factor alpha (TNF $\alpha$ ) drug approved for the treatment of moderate to severe plaque psoriasis.<sup>1</sup> CZP has demonstrated no-to-minimal placental transfer due to the absence of fragment crystallisable (Fc) region and showed no-to-minimal transfer to the breast milk.<sup>2,3</sup>
- CIMREAL assessed the clinical outcomes for CZP in routine clinical practice in adult patients with moderate to severe plaque psoriasis. The high enrolment of WoCBP in CIMREAL allows to describe specifically outcomes of effectiveness with CZP treatment for the first time in this specific population.

## Methods

### Study Design, Patients and Treatment

CIMREAL<sup>4</sup> is a multicenter, international, non-interventional, prospective study that observed clinical response to CZP treatment and safety over 1 year in a real-world plaque psoriasis cohort of patients newly prescribed as per local practice from sites in 8 European countries and Canada.

### Study Assessment and Endpoints

- There were four observational points (OPs) in the study aligned with routine practice visits (Figure 1).
- The primary outcome of the study was the percentage of patients achieving Psoriasis Area and Severity Index improvement of 75% (PASI 75) response at OP2. Secondary outcomes pertain to effectiveness (PASI response, improvement in Dermatology Life Quality Index [DLQI]) and safety of CZP.
- Demographics and safety data are presented from the Safety Analysis Set (SAS; patients received  $\geq 1$  dose of CZP) and clinical outcomes as observed cases (OC) from the Full Analysis Set (FAS; SAS patients with valid Baseline and  $\geq 1$  valid post-Baseline PASI measurement). Additionally, missing data were analysed using Markov Chain Monte Carlo method of multiple imputation (MI).

- WoCBP (defined by investigators) is a subgroup of the overall population included in the study.

## Results

- Of the 399 patients with plaque psoriasis who were enrolled (SAS) in the study, 272 (68.2%) were female and out of them 193 (71%) were WoCBP (Table 1). At baseline, 8 women (4.1%) were pregnant, 14 (7.3%) were breastfeeding.
- Higher proportion of men had DLQI $\leq 10$  at baseline than women; however, similar proportion of men and women had PASI $\leq 10$  at baseline.

### Effectiveness

- Similar response rates in terms of PASI 75, PASI 90 and DLQI remission (0/1) were observed between overall and WoCBP populations (Figure 2).
- Applying MI, similar PASI 75 (48.3% [Month 3] to 71.7% [Month 12]) and PASI 90 (27.1% [Month 3] to 53.6% [Month 12]) response rates were observed for the WoCBP population. This is consistent with the improvement in the overall population.
- In both overall and WoCBP, general skin control in terms of the proportion of patients achieving PASI  $\leq 3$  and PASI  $\leq 2$  improved over time up to Month 12 (Figure 3).
- In patients achieving PASI 75 and PASI 90 at Month 3, the vast majority of patients maintained their responses up to Month 12 (Figure 4).

### Safety

- There was one death, unrelated to treatment. There were no new safety signals reported (Table 2).

## Summary

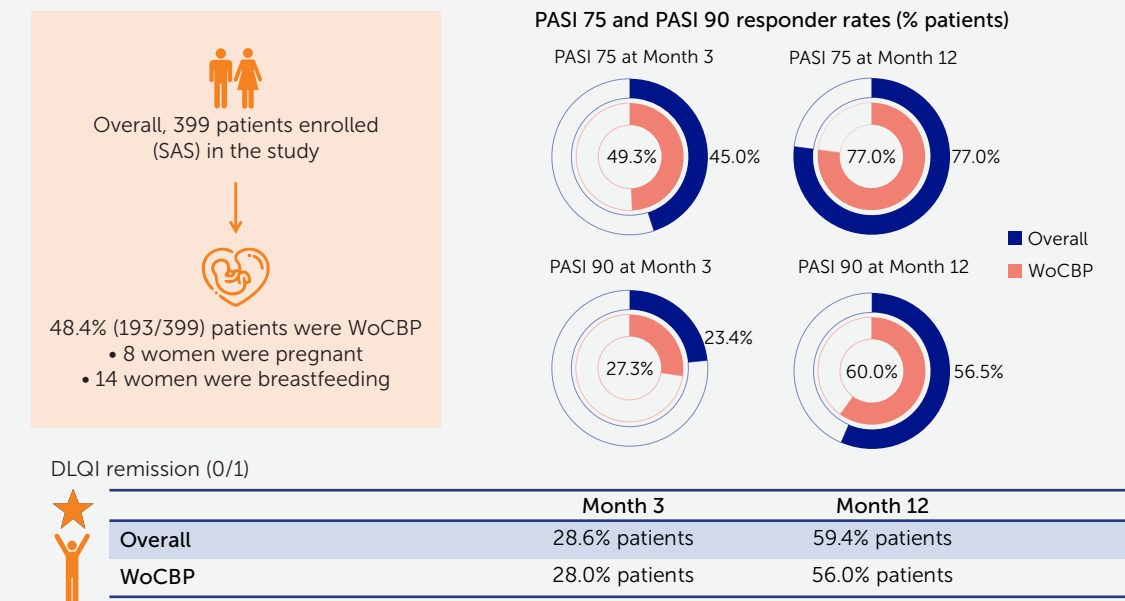


Figure 1 CIMREAL study design

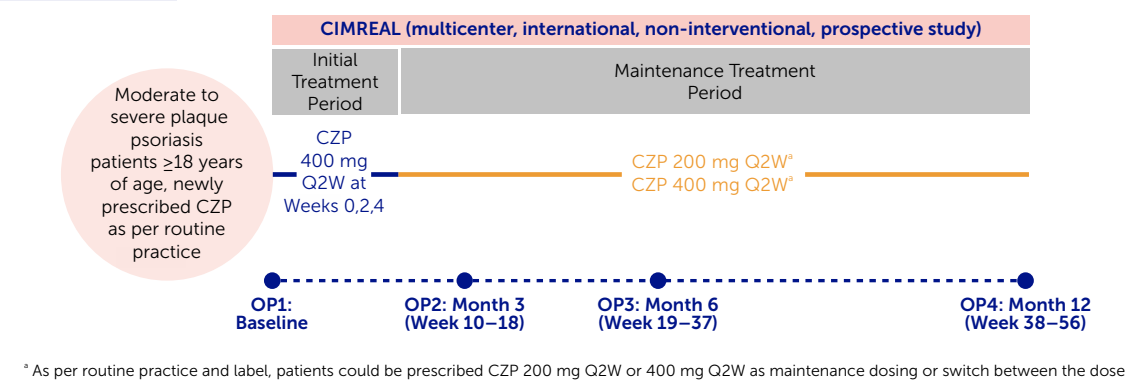


Table 1 Baseline characteristics – SAS

| Characteristics  | Overall n=399          | Male n=127             | Female n=272           | WoCBP <sup>a</sup> n=193 |
|--|------------------------|------------------------|------------------------|--------------------------|
| Age (years), mean $\pm$ SD                             | 42.9 $\pm$ 13.5        | 48.2 $\pm$ 12.4        | 40.4 $\pm$ 13.2        | 33.8 $\pm$ 7.3           |
| BMI (kg/m <sup>2</sup> ), mean $\pm$ SD                | 28.5 $\pm$ 6.8         | 29.3 $\pm$ 6.2         | 28.1 $\pm$ 7.1         | 27.7 $\pm$ 7.2           |
| PASI, mean $\pm$ SD                                    | 13.2 $\pm$ 8.7         | 13.6 $\pm$ 8.3         | 13.0 $\pm$ 8.9         | 13.0 $\pm$ 8.6           |
| PASI $\leq 10$ , n (%)                                 | 139 (34.8)             | 44 (34.6)              | 95 (34.9)              | 65 (33.7)                |
| Missing PASI, n (%)                                    | 10 (2.5)               | 3 (2.4)                | 7 (2.6)                | 6 (3.1)                  |
| DLQI score, mean $\pm$ SD                              | 12.3 $\pm$ 7.5         | 10.8 $\pm$ 7.6         | 13.1 $\pm$ 7.3         | 13.2 $\pm$ 7.3           |
| DLQI $\leq 10$ , n (%)                                 | 164 (41.1)             | 64 (50.4)              | 100 (36.8)             | 65 (33.7)                |
| Missing DLQI, n (%)                                    | 23 (5.8)               | 3 (2.4)                | 20 (7.4)               | 19 (9.8)                 |
| Any plaque psoriasis medication history, n (%)         | 369 (92.5)             | 113 (89.0)             | 256 (94.1)             | 190 (98.4)               |
| Prior systemic treatment with a non-biologic, n (%)    | 272 (68.2)             | 83 (65.4)              | 189 (69.5)             | 139 (72.0)               |
| Prior biologic treatment <sup>b</sup> , n (%)          | 144 (36.1)             | 52 (40.1)              | 92 (33.8)              | 59 (30.6)                |
| 1  | 85 (59.0) <sup>c</sup> | 32 (61.5) <sup>c</sup> | 53 (57.6) <sup>c</sup> | 33 (55.9) <sup>c</sup>   |
| $\geq 2$   | 59 (41.0) <sup>c</sup> | 20 (38.5) <sup>c</sup> | 39 (42.4) <sup>c</sup> | 26 (44.1) <sup>c</sup>   |
| Comorbidities, n (%)                                   | 186 (46.6)             | 61 (48.0)              | 125 (46.0)             | 81 (42.0)                |
| Vascular disorders, n (%)                              | 53 (13.3)              | 27 (21.3)              | 26 (9.6)               | 6 (3.1)                  |
| Musculoskeletal and connective tissue disorders, n (%) | 58 (14.5)              | 21 (16.5)              | 37 (13.6)              | 23 (11.9)                |
| Metabolism and nutrition disorders, n (%)              | 59 (14.8)              | 29 (22.8)              | 30 (11.0)              | 9 (4.7)                  |
| Psychiatric disorders, n (%)                           | 35 (8.8)               | 8 (6.3)                | 27 (9.9)               | 16 (8.3)                 |

<sup>a</sup>WoCBP is a subgroup of the overall population in this study. <sup>b</sup>Only biologic agents with potential impact on plaque psoriasis. <sup>c</sup>Percentages are computed based on patients with prior biologic treatment.

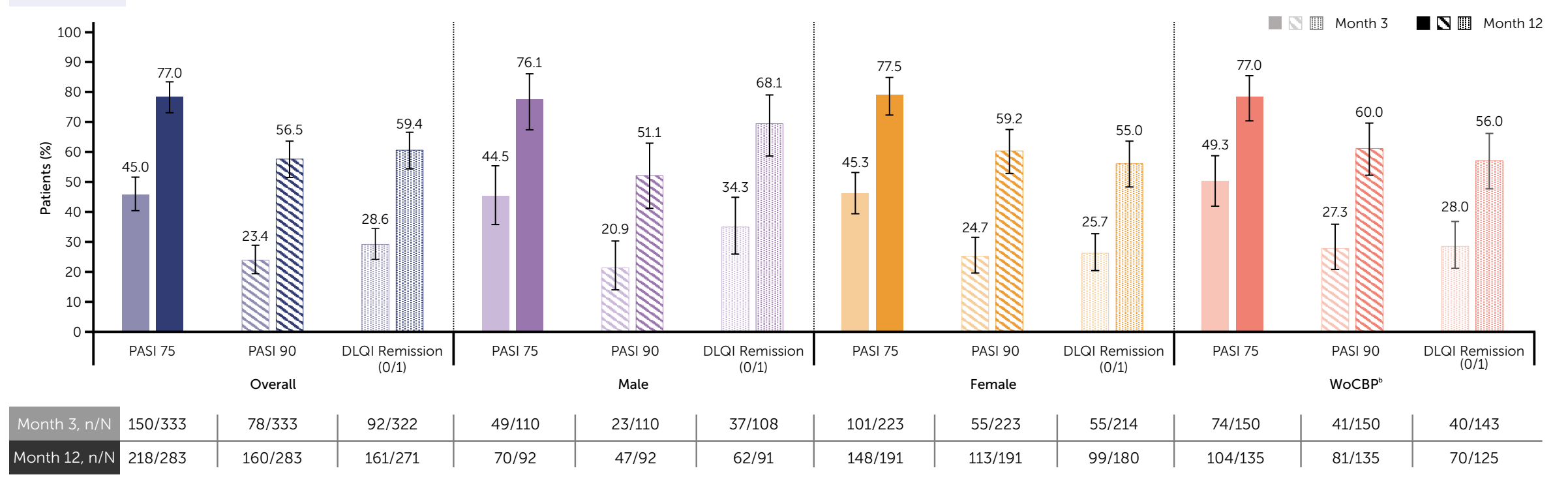
ADR: adverse drug reaction; BMI: body mass index; CZP: certolizumab pegol; DLQI: Dermatology Life Quality Index (scores: 0–30; higher score: greater impact of plaque psoriasis on patient's life); FAS: full analysis set; Fc: fragment crystallisable; MI: multiple imputation; OC: observed cases; OP: observation point; PASI: Psoriasis Area and Severity Index; Q2W: every 2 weeks; SAS: safety analysis set; SD: standard deviation; TEAE: treatment-emergent adverse event; TNF $\alpha$ : tumour necrosis factor alpha; WoCBP: women of child-bearing potential.

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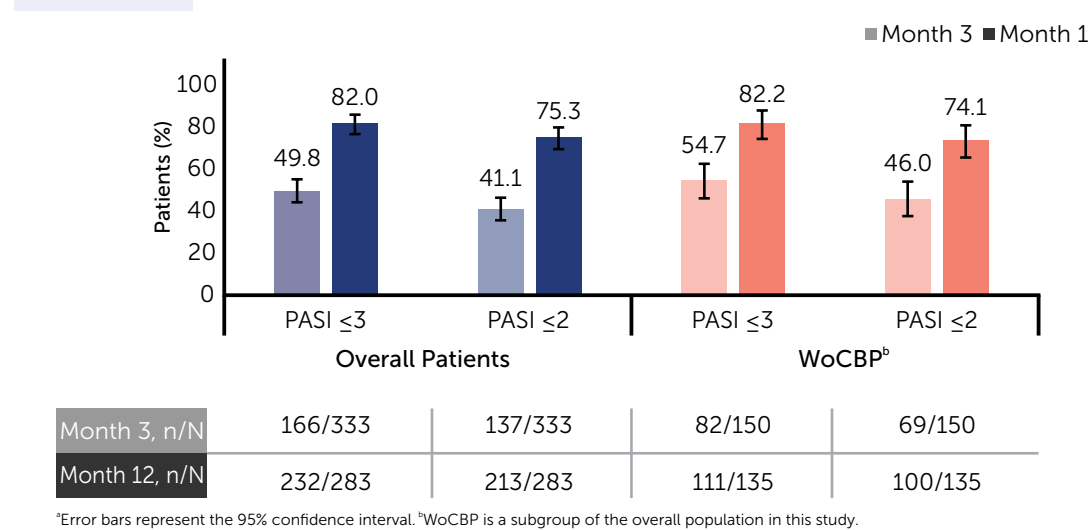
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Figure 2 Patients achieving PASI 75 and PASI 90 response and DLQI remission (0/1) at Month 3 and 12 – FAS (OC)<sup>a</sup>



<sup>a</sup> Error bars represent the 95% confidence interval. <sup>b</sup>WoCBP is a subgroup of the overall population in this study.

Figure 3 Patients achieving PASI  $\leq 3$  and PASI  $\leq 2$  – FAS (OC)<sup>a</sup>



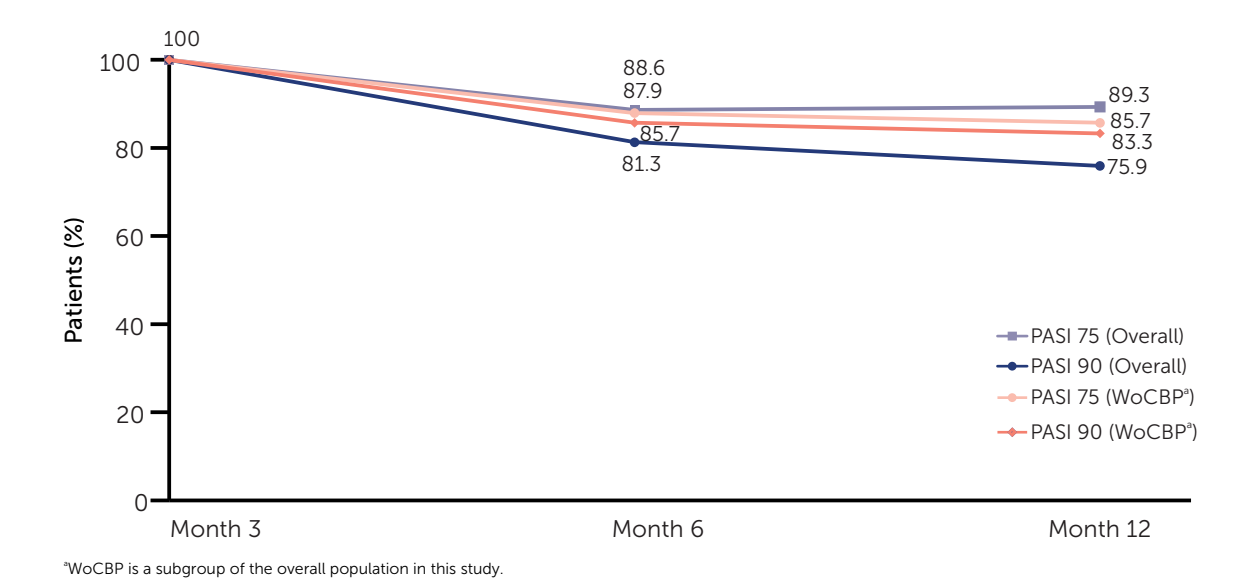
<sup>a</sup> Error bars represent the 95% confidence interval. <sup>b</sup>WoCBP is a subgroup of the overall population in this study.

Table 2 Incidence of AEs at Month 12 in overall and WoCBP patients<sup>a</sup> – SAS

| Variable                        | Overall Patients n=399 | WoCBP Patients n=193 <sup>b</sup> |
|---------------------------------|------------------------|-----------------------------------|
| Any TEAEs                       | 122 (30.6)             | 70 (36.3)                         |
| Serious TEAEs                   | 37 (9.3)               | 25 (13.0)                         |
| Treatment-emergent ADRs         | 36 (9.0)               | 17 (8.8)                          |
| Serious treatment-emergent ADRs | 9 (2.3)                | 6 (3.1)                           |
| Deaths (TEAEs leading to death) | 1 (0.3)                | 1 (0.5)                           |

<sup>a</sup>WoCBP is a subgroup of the overall population in this study.

Figure 4 Patients maintaining PASI 75 and PASI 90 response over time – FAS (OC)



<sup>b</sup>WoCBP is a subgroup of the overall population in this study.

## Conclusions

- Treatment with CZP improved skin clearance and quality of life in both overall and WoCBP study population up to 1-year.
- The safety profile was consistent with that known for CZP.
- This study in a real world setting suggests that CZP might be a valuable option for disease control in WoCBP.