

# Bimekizumab Leads to Sustained Flare-Free Status in Moderate to Severe Hidradenitis Suppurativa: 3-Year Data from BE HEARD EXT

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## Objective

To assess flare outcomes in all, or baseline Hurley stage II or III patients, with moderate to severe hidradenitis suppurativa (HS) treated with bimekizumab (BKZ) over 3 years (148 weeks).

## Background

- HS is characterized by nodules, abscesses, and draining tunnels (DT), with acute exacerbations of symptoms known as “flares”.<sup>1,2</sup>
- Timely, effective disease management is important to reduce the frequency of flares.<sup>1</sup>
- BKZ is a humanized IgG1 monoclonal antibody that selectively inhibits interleukin (IL)-17A and IL-17F.<sup>3</sup>

## Methods

- Data were pooled from BE HEARD I&II and their open-label extension BE HEARD EXT (BHEXT) (Figure 1).<sup>4,5</sup>
- Patients randomized to receive BKZ 320 mg from baseline in BE HEARD I&II who entered BE HEARD EXT were included (BKZ Total group); data were also reported by baseline Hurley stage.
- Flare data were collected at scheduled clinic visits. Data are reported as observed case (OC).
- Flare was defined as a ≥25% increase in abscess and inflammatory nodule (AN) count versus baseline with an absolute increase in AN count of ≥2.
- Flare outcomes were assessed in patients with moderate to severe HS treated with BKZ over 3 years (to Week 148; Summary). Flare outcomes reported were:
  - The cumulative proportion of patients who remained flare-free (no observed flares at any visit up to and including the given timepoint);
  - The proportion of patients with a flare at a given visit (flare rates reported at a single point).

## Results

- 556 patients randomized to BKZ at baseline in BE HEARD I&II completed Week 48 and entered BE HEARD EXT.
- Baseline demographics and clinical characteristics of patients are presented in the Table.
- At Week 48, the cumulative proportion of patients who were flare-free was 83.8% (466/556). This remained similar at Week 96 (83.7% [374/447]) and then increased by Week 148 with 86.1% (316/367) of patients remaining flare-free (Figure 2A).
- High proportions of patients remaining in the study were reported flare-free regardless of Hurley stage in Year 3 (Figure 2B).
- At Week 48, 2.2% (12/556) of patients experienced a flare. This decreased to 0.9% (4/447) at Week 96 and decreased further by Week 148, at which point no patients (0/367) experienced a flare (Figure 3A).
- Numerically lower flare rates were observed in patients who were Hurley stage II versus those who were Hurley stage III at any given visit through Year 1 (Figure 3B).

## Conclusions

Most patients treated with bimekizumab who stayed in the study remained flare-free at all visits through 3 years.

Bimekizumab-treated patients who were Hurley stage II experienced numerically lower flare rates through Year 1 versus those who were Hurley stage III. In Year 3, low flare rates were achieved by all patients remaining in the study, regardless of Hurley stage.

These data suggest that initiating bimekizumab therapy in Hurley stage II patients may lead to more rapid control of inflammatory flares.

## Summary

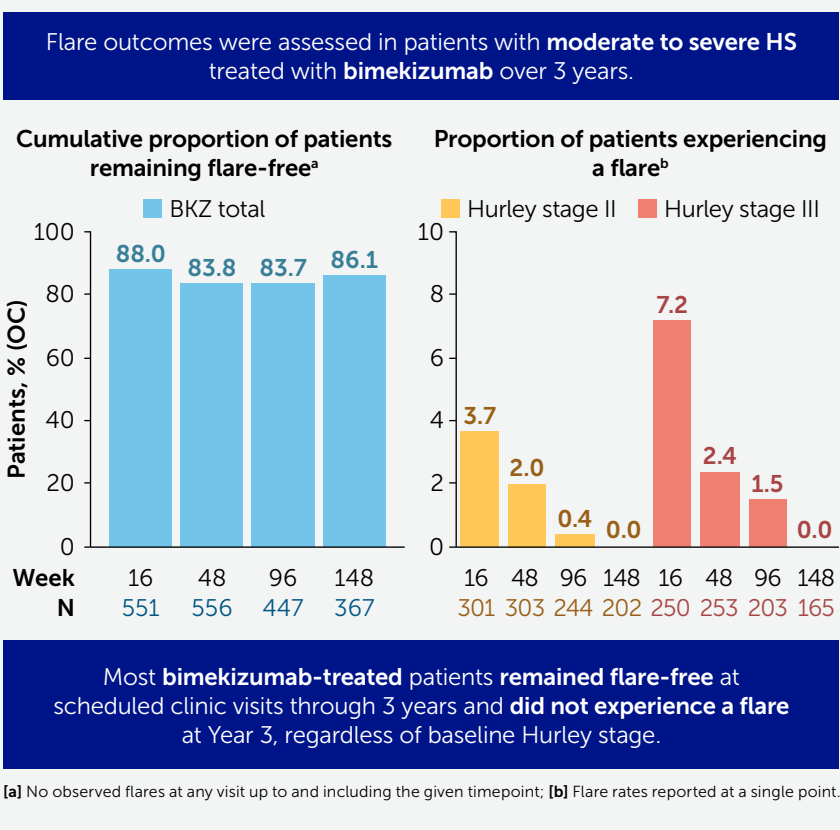
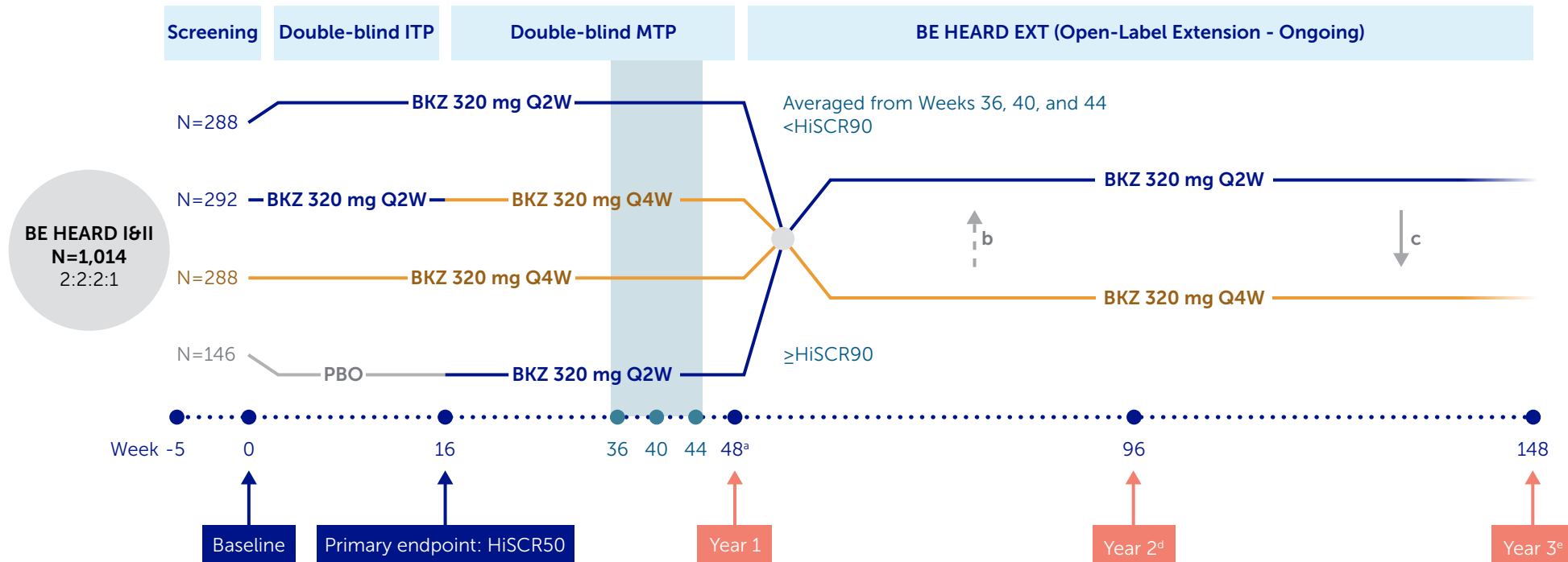


Figure 1 Study design



AN: abscess and inflammatory nodule; BKZ: bimekizumab; BMI: body mass index; DLQI: Dermatology Life Quality Index; DT: draining tunnel; HiSCR50/90: ≥50%/90% reduction from baseline in total abscess and inflammatory nodule count with no increase from baseline in abscess or draining tunnel count; HS: hidradenitis suppurativa; IL: interleukin; ITP: initial treatment period; MTP: maintenance treatment period; OC: observed case; PBO: placebo; Q2W: every two weeks; Q4W: every four weeks; SD: standard deviation.

**References:** Masson R et al. Skin Appendage Disord 2024;10:224–8; Kirby JS et al. Br J Dermatol 2020;182:24–8; Adams R et al. Front Immunol 2020;11:1894; Kimball AB et al. Lancet 2024;403:2504–19 (NCT04242446, NCT04242498); BE HEARD EXT (NCT04901195); www.clinicaltrials.gov/study/NCT04901195. **Author Contributions:** Substantial contributions to study conception/design, or acquisition/analysis/interpretation of data: SD, HBN, ZR, SY, PFP, BL, CC, NT, AM. Drafting of the publication, or reviewing it critically for important intellectual content: SD, HBN, ZR, SY, PFP, BL, CC, NT, AM. Final approval of the publication: SD, HBN, ZR, SY, PFP, BL, CC, NT, AM. **Author Disclosures:** SD: Speaker for AbbVie, Novartis, and UCB; consultant for AbbVie, Novartis, and UCB; research grants from AbbVie, Incyte, Insmed, MoonLake Immunotherapeutics, Pfizer, Regeneron, Sanofi, and UCB. HBN: Consulting fees from AbbVie, Incyte, MoonLake Immunotherapeutics, Novartis, Sonoma Biotherapeutics, and UCB; holds shares in Raderia Inc.; editorial board member for JAMA Dermatology; Vice President of the US Hidradenitis Suppurativa Foundation. ZR: Investigator, speaker, and/or advisor for AbbVie, Almirall, Amgen, Avenio, Bayer, Boehringer Ingelheim, Bristol Myers Squibb, Celgene, Celltrion, CeraVe, Eli Lilly and Company, Incyte, Janssen, La Roche-Posay, LEO Pharma, Novartis, Pfizer, Regeneron, Sanofi, and UCB; personal fees for attending meetings or for travel from AbbVie, Almirall, Amgen, Bristol Myers Squibb, Celltrion, Eli Lilly and Company, Janssen, Novartis, Pfizer, Sanofi, and UCB. SY: Consulting for Kaken Pharmaceutical, received travel grants or honoraria from AbbVie, Amgen, Boehringer Ingelheim, Eli Lilly and Company, Maruho, Sanofi, TAIYO Pharma, and UCB; department participated in trials for AbbVie, Boehringer Ingelheim, Eli Lilly and Company, Janssen, Kaken Pharmaceutical, Kyowa Kirin Corporation, Novartis, Sanofi, and UCB. PFP: Served on advisory boards for AbbVie, Amgen, Boehringer Ingelheim, Eli Lilly and Company, Johnson & Johnson, L'Oréal, LEO Pharma, Merck, Merck Sharp & Dohme, Novartis, Pfizer, and UCB; has given educational lectures for AbbVie, Amgen, Eli Lilly and Company, Galderma, Johnson & Johnson, L'Oréal, LEO Pharma, Merck, Merck Sharp & Dohme, Novartis, Pfizer, Pierre Fabre, UCB, and Zuelig Pharma; has received research funding from Pfizer; has conducted clinical trials for AbbVie, Akesobio, Alumis, Amgen, Apogee, AstraZeneca, Boehringer Ingelheim, Bristol Myers Squibb, CellDex, CSL, Chugai, Eisai, Eli Lilly and Company, Galderma, Incyte, Johnson & Johnson, Janssen, Jangsu Hengrui, KoBioLabs, Merck, Merck Sharp & Dohme, miRagen, Moderna, Nektar, Novartis, OncoSec, Pfizer, Regeneron, Sanofi, and UCB. BL, CC, NT: Employees and shareholders of UCB. AM: Received honoraria and/or travel grants and/or acted as an advisory board member for AbbVie, Almirall, Amgen, Boehringer Ingelheim, Bristol Myers Squibb, CelDex, CSL, Chugai, Eisai, Eli Lilly and Company, Janssen, LEO Pharma, L'Oréal, Novartis, Sanofi, Legit Health, and UCB, worked as a principal investigator in clinical trials supported by AbbVie, Bristol Myers Squibb, Eli Lilly and Company, Galderma, Janssen, Legit Health, Novartis, Sanofi, and UCB. **Acknowledgments:** We would like to thank the patients and their caregivers in addition to all the investigators and their teams who contributed to this study. The authors acknowledge Susanne Wiegatz, MSc, UCB, Monheim am Rhein, Germany for publication coordination, Sarah Johnson, MSc, Costello Medical, Manchester, UK for medical writing support and editorial assistance, Emily Johnson, BSc, Costello Medical, London, UK, for editorial assistance, and the Costello Medical Creative team for design support. This study was funded by UCB. All costs associated with development of this poster were funded by UCB.

Figure 2 Cumulative proportions of patients remaining flare-free over 3 years<sup>a</sup>

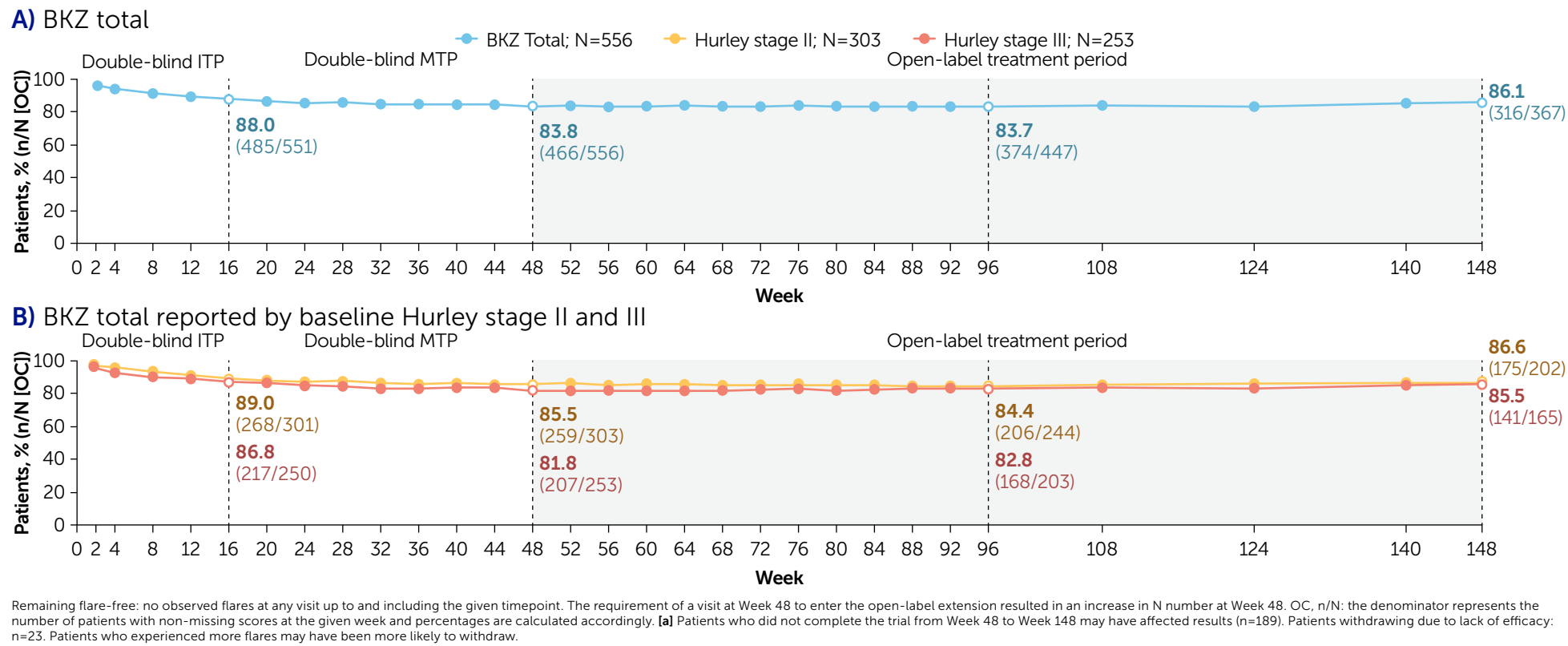
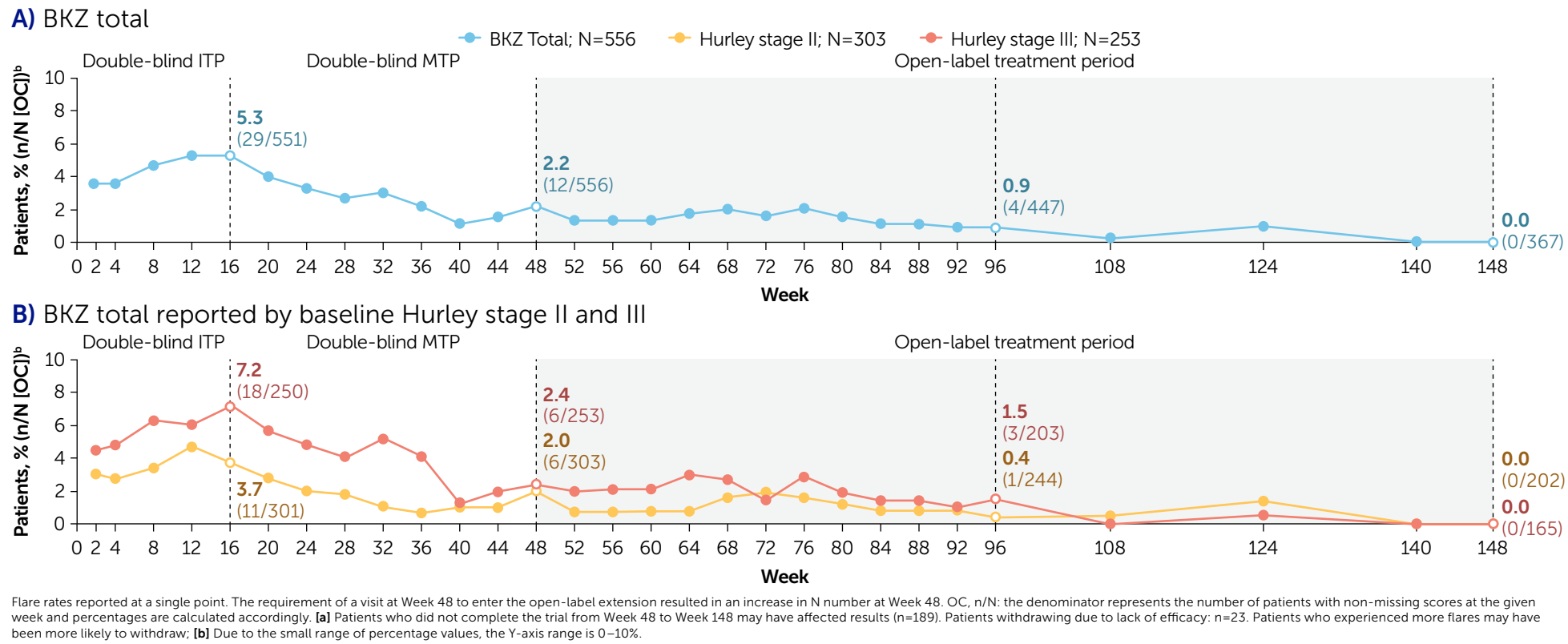


Figure 3 Proportions of patients experiencing a flare at a given visit over 3 years<sup>a</sup>



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